

Pankind Carers Support Program

A free, structured, telehealth-based counselling program designed to support people who provide care to someone impacted by pancreatic cancer. This program includes research to evaluate support for carers.

About the program

Participants are invited to take part in one-to-one supportive counselling sessions, delivered by a qualified professional, via phone or secure video (telehealth).

Sessions focus on the experience of caring for someone with pancreatic cancer and may include discussion of emotional wellbeing, coping strategies, symptom understanding, and navigating healthcare and support services.

Program highlights

- Personalised counselling with a qualified professional
- Carer-centred and holistic support
- Information about pancreatic cancer, symptoms, and healthcare navigation
- Support to develop coping strategies and confidence in the caring role
- Flexible sessions tailored to individual needs
- Delivered via telehealth and available across Australia

Who may be suitable to take part

You may be invited to participate if you are:

- A primary carer or support person for someone living with pancreatic cancer
- A recently bereaved carer seeking support
- An individual affected by pancreatic cancer in a caring or support role who may find supportive counselling helpful

Participation includes a brief screening process to see if the program is suitable for you.

Time commitment

- Up to 10 individual counselling sessions, where each can last up to an hour
- Sessions are scheduled at times that work for you
- Participants take part in both the counselling sessions and related program evaluation activities

This program is delivered by Pankind, Pancreatic Cancer Australia.

To learn more about the program or request a referral form, contact:



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Pankind
Pancreatic Cancer Australia