



The Australian
Pancreatic Cancer
Foundation



Together, we can build hope

Your guide to including a gift in your Will to PanKind



Pancreatic cancer patients and their families thank you



For far too many Australians diagnosed with pancreatic cancer today, there is little hope of a positive outcome.

As someone who understands how devastating pancreatic cancer can be, thank you for considering a gift in your Will to PanKind.

PanKind is the only Australian charity exclusively dedicated to dramatically improving pancreatic cancer survival rates. We are uniquely placed to put suffering from pancreatic cancer in the history books for future generations.

Investment in medical research has been the single most important factor impacting survival in many other diseases, including breast, skin and prostate cancers. Thanks to extensive funding, these now have 5-year survival rates above 90%.

A gift in your Will can help us replicate the same extraordinary improvements for pancreatic cancer patients. Your legacy will be groundbreaking research that delivers life-saving results.

Your kindness and foresight will ensure our brightest minds have the technology, tools and infrastructure they need to pursue their most promising leads. You'll also provide caring support for patients and their loved ones.

A gift in your Will makes extraordinary progress possible.

We know it's an important decision and we're here to help. For a confidential conversation about your gift and the life-changing difference you can make, feel welcome to call Caroline Charlton, Head of Donor Relations on **02 7207 6970** or email **caroline.charlton@pankind.org.au**

Thank you,

Michelle

Michelle Stewart
CEO, PanKind Australia



*“When Frank told me they’d found tumours on the x-ray and it was pancreatic cancer, it didn’t seem real. While he was sick, he’d get excited reading about promising research and say: ‘Maybe that will be in time for me’. But in the end, we lost Frank less than 10 months after diagnosis when he was just 47. **Anything that could give families like mine more time together would be a wonderful thing.**”*

– Belinda, who lost her husband Frank to pancreatic cancer



Pancreatic cancer – the facts



Only 10% of pancreatic cancers are caught before they have a chance to spread to other parts of the body.



Average life expectancy after diagnosis is **less than 12 months.**



12 people are diagnosed every day, and the incidence is increasing.



Pancreatic cancer is the **4th biggest cancer** killer in Australia.



Every day another 10 people in Australia lose their lives to pancreatic cancer.

Avner's legacy is building hope – yours can too

On the 28 September 2007, my husband Avner Nahmani was told he had incurable pancreatic cancer. We hardly knew what the pancreas did, let alone that it is the organ of the most lethal cancer.

Avner underwent three types of chemotherapy to try and prolong his life and ease his symptoms. Through it all, despite his weakening state, Avner was determined to do something to improve survival rates for others in his situation. He knew he may not have long to bring this dream to life.

Together with friends and supporters we set up Australia's first research foundation focused exclusively on beating pancreatic cancer. It would later become known as PanKind.

Avner lost his life to pancreatic cancer 13 months after his diagnosis. It was a heartbreaking time, but I know he'd be thrilled by how far PanKind has come.

Since 2008, \$14 million has been invested in promising pancreatic cancer research and big strides have been made. Families coping with the strain of pancreatic cancer can now access previously unavailable support through PanKind's national Patient & Carer Hub.

As I reflect on Avner's incredible legacy, I'm reminded that amazing supporters like you are driving this progress. But there is still much work to be done.

A gift in your Will for cancer research can help uncover life-saving tests and treatments. Hope is building... and it's only thanks to your generosity and vision.

On behalf of Avner and myself, I can't thank you enough.

Caroline Kelly AM,
PanKind co-founder



*“At Avner’s funeral, I remember one of our best friends saying to me ‘Out of bad, comes good’. Those words have stayed with me. **I really believe the good in people will continue to drive progress.** Together, we can give hope to patients and their families.”*

– Caroline Kelly AM, who founded PanKind with her late husband, Avner





“The current methods we have available to diagnose pancreatic cancer are expensive or inconclusive. We are working on a new test that is quick, cheap, non invasive and easy to administer. It could allow us to detect cancer early... before it has a chance to spread.”

– Professor Anubhav Mittal, a leading researcher and surgeon who has dedicated his life to the care of pancreatic cancer patients

You can build hope for a future where... Every person with pancreatic cancer survives

Progress with other cancers has shown us that real change happens through investment in medical research. That's why your gift is so important.

With your help, we can continue to invest in pioneering research, to accelerate change and save lives.

Our mission is to dramatically increase survival rates for the generations to come. Here's how a gift in your Will can help:

Early Diagnosis

Pancreatic cancer is difficult to diagnose. As a result, long term survival rates are critically low – much lower than for most other cancers. But, when detected early, survival rates are 10 times higher than if the cancer is caught after it has spread.

With your support, PanKind can continue to work with the scientific and clinical community to bring increased focus and funding to this key area of research.

Effective Treatments

Your gift could also fast track the development and testing of promising new treatments – even help find a cure. You can get them to patients much sooner, to prolong and save lives.

You will be helping our brightest research minds end pancreatic cancer as a terminal illness.

A gift in your Will demonstrates your support for Australians impacted by pancreatic cancer. It's an admirable decision that will bring hope to future generations.

You can build hope that...

Every person with pancreatic cancer thrives

For most people, finding out they have pancreatic cancer comes as a huge shock. The full impact of the challenges and losses can only truly be described by someone who has received this devastating diagnosis.

A gift in your Will can help PanKind continue to fund and operate critical support services to help people living with pancreatic cancer have the best possible quality of life.

Through our national Patient and Carer Hub, we are connecting patients and carers to:

- Expert health information and education
- Connection to support groups

- Diet and nutrition advice
- Caregiver support
- A customised health app, ManyHands, helping people with pancreatic cancer coordinate the support they need to live well
- Clinical trial opportunities

However, the incidence of pancreatic cancer is rising. We need to make sure our Patient and Carer Hub can keep up with demand from everyone who needs it.

By including a gift in your Will, you will give families coping with a pancreatic cancer diagnosis access to specialised services to help ease the strain.



*“I lost my precious husband Curtis to pancreatic cancer and my children, Riley and Kai, lost their amazing dad. Curtis was and still is an inspiration in our family. He was so incredibly brave and fought so hard until the end. **I don’t want other families to go through what my family has. We need to improve survival rates.**”*

– Delvene, whose husband Curtis lost his life to pancreatic cancer at age 45





“After speaking to our surgeons and investigating different charities, PanKind stood out as one that concentrates on research. It’s nice to think that in the future when I’m no longer here, that my gift will go on helping other people – that was the goal.”

– Marianne, who is living with terminal pancreatic cancer



Impacted by pancreatic cancer and now building hope

For six months before Marianne was diagnosed with stage 4 pancreatic cancer, she'd experienced severe back pain. But multiple doctors and countless tests could not pinpoint the cause. Sadly, this is far too common, as early symptoms can be subtle or mistaken for other conditions.

After two major operations and chemotherapy, Marianne was told she only had 12 months to live. But four years since her diagnosis, she is one of the fortunate few, still undergoing treatment, and making the most of every day.

Marianne often wonders if her prognosis would have been better if the cancer was picked up earlier. That's why she and her husband Ross have pledged to leave a gift to PanKind, to help accelerate research aimed at detecting pancreatic cancer early.

"If you leave a percentage of your inheritance to a charity like PanKind, you are doing something for future generations," Marianne says.

"It may well be that someone in your family will suffer from this insidious disease – and look how much you can help just by donating to research."

Her husband Ross offers his straightforward advice:

"When you make your Will, just look into your heart to see what you are able to donate to a cause that will help other people survive."

Types of gifts in your Will

Your Will is powerful and can create a lasting impact, so it's important to put some thought into how you want to leave your gift to PanKind. The three main options are:

Residual Gift

Leave the whole, or a percentage of, your remaining (residue) estate after all provisions have been made for your loved ones, and expenses have been paid.

Percentage Gift

Leave a nominated percentage of your whole estate. The value of this gift adjusts over time. A percentage ensures your loved ones are taken care of, while also leaving a legacy that will grow as your estate grows.

Specific Gift

Leave a specific gift (also called a pecuniary gift) which can be for a set amount of money or an asset, such as real estate, shares or bonds, or another item of value.

Please let us know your intentions

If you have included PanKind in your Will, please let us know. We would like to thank you personally. Knowing your intentions also allows PanKind to plan and invest as effectively as possible in the most innovative research. You can be assured that any information you provide will be treated with the strictest of confidence.

Please call Caroline Charlton, Head of Donor Relations on **02 7207 6970** or email **caroline.charlton@pankind.org.au**

How to word your Will

We're so thankful you're considering including PanKind in your Will. To make it as simple as possible, we've provided some suggested wording.

We recommend you let your executor or your loved ones know about your decision. This way, they can honour your wishes and celebrate your generosity.

If you wish to give a percentage of your estate: I give a ###% share of my residuary estate to PanKind, The Australian Pancreatic Cancer Foundation Limited ABN 22 145 513 060 of Suite A/3 Best Ave, Mosman NSW 2088 for its general purposes free of all duties and I declare that the receipt of the treasurer or other authorised officer of the Foundation is an absolute discharge to my executors and trustees.

If you wish to give a specific sum: I give the sum of \$### to PanKind, The Australian Pancreatic Cancer Foundation Limited ABN 22 145 513 060 of Suite A/3 Best Ave, Mosman NSW 2088 for its general purposes free of all duties and I declare that the receipt of the treasurer or other authorised officer of the Foundation is an absolute discharge to my executors and trustees.

Have a Will already?

If you already have a Will and would like to add a gift to PanKind, you don't have to re-write it. You can speak to your solicitor about adding a codicil, which is an instruction added to your existing Will, to become a part of it.



“I don’t want other people to hear the words pancreatic cancer and for their immediate thought to be that there’s nothing that can be done. Early detection would offer such hope to families like mine.”

– Camilla Armstrong, who lost her mother Jen just two weeks after she was diagnosed with pancreatic cancer



A mother's love

Camilla was 16 weeks pregnant with her first child when her mother, Jen, received a diagnosis of pancreatic cancer.

"It was the biggest shock of our lives," recalls Camilla. *"Mum was only 67 and had always been extremely fit and healthy."*

After experiencing some bloating, a scan revealed Jen had pancreatic cancer which had already spread to her liver.

Jen vowed to survive long enough to meet her granddaughter but, tragically, she passed only two weeks following her diagnosis.

The loss was unbearable for Camilla and her family.

"When my daughter was born I've never needed my mum more. It felt like pancreatic cancer had robbed me of this special time that we should have had together as a family. Someone told me, you always know how much you love your mum, but it's not until you become a mum yourself that you understand how much she loved you."

Jen's life touched so many. After she passed, her community came together to honour her incredible life and raise funds for pancreatic cancer research. Camilla hopes that, in the future, other families can be spared the pain of pancreatic cancer.

"Including a gift in your Will could have such an incredible impact for so many families. I think it's a really lovely thing to do."



*“We are conducting research to see if an existing cholesterol-lowering drug could also improve the effectiveness of immunotherapy in the treatment of pancreatic cancer. **By testing a well-established and safe drug, we can reduce the timeline from lab to bedside from 15 years down to two years.**”*

– Dr Brooke Pereira is a rising star and early career pancreatic cancer researcher

Our promise to you:

- ✓ We will keep any information you share with us private and confidential.
- ✓ We will respect that your family and loved ones must come first.
- ✓ We will use your gift carefully and cost effectively so it has the greatest impact for people with pancreatic cancer and those who love them.
- ✓ We understand you have the right to change your mind at any time.
- ✓ We will give you the opportunity to connect with the PanKind team and our work.

**Thank you for considering
a gift in your Will to PanKind.**



The Australian Pancreatic
Cancer Foundation



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