

PANCREATIC CANCER

— EARLY DIAGNOSIS IS KEY! —

KNOW THE SYMPTOMS

If pancreatic cancer is found early, it is more treatable.

If you have jaundice go to your GP or nearest emergency department right away.

While these other symptoms can occur with many other conditions, go to your GP if you have any of these symptoms and they persist.



Stomach pain



Back pain



Indigestion



Yellow eyes or skin (jaundice)



Change in bowel habits



Loss of appetite



Unexplained weight loss



New onset diabetes

WHAT ARE THE RISK FACTORS?

Risk factors are anything that increases the chance you may get a disease. Pancreatic cancer risk factors are:



Age



Diet



Obesity



Inherited gene mutations



Diabetes



Ethnicity



Family history



Smoking

CONCERNED? SPEAK TO YOUR GP



Write down your symptoms, how long you've had them, and any other questions you have for your GP.



Tell the GP your symptoms and that you are concerned about pancreatic cancer.



Take a friend or family member with you to the GP.



If your symptoms don't improve after you see your GP, make sure you go back until your GP can figure out what is causing them.



PanKind, The Australian Pancreatic Cancer Foundation, is exclusively dedicated to pancreatic cancer. Our mission is to triple the pancreatic cancer survival rate by 2030 and dramatically improve the quality of life for those impacted by the disease. For more information about pancreatic cancer and what we do visit www.pankind.org.au Email: info@pankind.org.au Phone: (02) 7207 6970 Scan the code to visit our website.



The Australian Pancreatic Cancer Foundation